Labyrinth Activist Circle Wrap-up



December 27, 2022

We had a wonderful and powerful group of 23 for our December Labyrinth Activist Circle. We are thrilled to welcome a few new faces, too!

In our welcome chat Marylin Gerber shared some exciting work she is doing with nurses related to the labyrinth, covid, an international gathering and a memorial. Jean Ando shared that she has moved from New York to California and has already done a labyrinth presentation to her community. A few folks shared about their Solstice walks. Collectively we are looking forward to 2023! With lots of ideas shared from small groups.

Meditation/Thought

Chris Katzenmeyer, Legacy Labyrinth Project E. Dir, did a lovely meditation about feeling our intentions.

LLP Updates

Chris also updated us about our gatherings for 2023.

- The highlight is **Pilgrimage to Saskatchewan!** Save the date for June 19-23. Look forward to being on a Sacred Site, an amazingly powerful Legacy Labyrinth and learning more about Labyrinth Activism. Plus, we will be doing our own activism to help heal this land from past wars. You will learn how to do Labyrinth Activism in your community, visit The Canadian Grasslands, be a participant in the Summer Solstice ritual, and much more.
- We are working out the details to be at **Grace Cathedral**, in San Francisco, California, for World Labyrinth Day (WLD) 2023. We will conduct a one-day training workshop on Friday, May 5 and then be together for WLD on Saturday May 6. As the coordinator for WLD, I will be broadcasting with my partner in crime, TLS Outreach VP and LAN member, Frank Faine. More details to come.

Sharing

We broke up into small groups for a 15-minute discussion. The reports back were robust, and connections were made. We have an abundance of Wisdom in our circle—that is becoming very clear. Thank you to all who shared.

Group Discussion

- FB Page: Our Labyrinth Activist Facebook page is a great way for us to stay in touch in between our circle meetings. We can ask questions, share what we are up to, post pictures of our creations and even work together on projects. We wanted to begin a discussion about boundaries for the page about our individual work. How should that look? If anyone would like to join me, Chris and Gary for a discussion about this, let me know. You can contact me at meuch@msn.com. To join the Facebook group, click here. (Because it is private, I must approve you.)
- Length of meetings: We decided to make our meetings 90 minutes from now on.
- The wrap up for November's meeting can be found by clicking here.
- The Big Connection 1.0 and 2.0 research information is coming out soon. Stay tuned!
- I am hesitant to share the chat from last night in this document due to the emails that are included in it. If you would like a copy of the chat email me personally.

Next Month

January 21, Saturday: First Pre-World Labyrinth Day Workshop

Are you thinking of organizing an event or wanting to do something special to celebrate **World Labyrinth Day in Educational Settings** on **Friday May 5th**? Not sure where to start, or how to? Needing inspiration? Already in the planning stages and willing to share ideas?

The WLD Steering committee (many of us are members of this LAN circle) are trying to make the pre-WLD events available to all of us around the globe. So, we are doing each event twice to cover most time zones. The links below are for two different times. I have added the Eastern Time so that you can calculate the one that is best for you.

<u>Timezone 1 (6 am ET): WLD Exploration & Inspiration - celebrating WLD in Educational Settings</u>

Timezone 2 (5 pm ET): WLD Exploration & Inspiration – celebrating WLD in Educational Settings

January 24, Tuesday, 7 pm ET: LAN Circle Meeting

- Carrie Chevalier Mosher will lead us in our meditation: "Love is the Way: Walking from the Inside Out".
- Johanna Mannasse will talk a little bit more about our Global Coherence Initiative group meeting on Wednesday the 25th at 7 pm ET.
- Tisha Strauch will introduce our new Labyrinth Activist Book Club. She will also give us an introduction into the first book, Subtle Activism by David Nicol.

January 25, Wednesday, 7 pm ET: Global Coherence Initiative LAN Gathering



Join us on the Global Coherence app by Heartmath

Johanna Mannasse has created the Labyrinth Activist Network group on the app: search Labyrinth Activist Network/OrangeEarth85.

For more information about the app, what we will do together and a tutorial to get started: https://www.heartmath.org/app/global-coherence/tutorials/

Closing

We closed with this Winter Solstice blessing. Solstices remind me that the world is continually changing—and to honor that. My hope is that 2023 shows us that the new dawn of the Labyrinth Activism model we are forming creates the new light this world needs. Powerful change can happen peacefully!



Nature remembers what we humans have forgotten:

Every cycle must return to stillness, silence, the dark;

Every out-breath requires an in-breath;

Every outer endeavor turns back inward to its origins, its center, and begins again;

From death comes new life, and from the darkest night, the new dawn is born.

Peace and Healing to each of you, Ellen Bintz Meuch Director, Labyrinth Activist Network meuch@msn.com